

WORLD MENOPAUSE DAY

Statement

HON SOPHIA MOERMOND (South West) [6.29 pm]: Today is World Menopause Day. Members will be shocked to find out that cannabis can help ease menopausal symptoms—in particular, anxiety, sleep and hot flushes as well. I am going through this myself at the moment, and I tend to refer to it as “memopause”. I will leave it at that.